

Escambia County Senior Dining Site Activities - April 2018

Monday Tuesday Wednesday Thursday Friday

<p>2</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>1) Bingo, Music</p> <p>5) Exercise</p>	<p>3</p> <p>All Sites Open M-F 9:00-12:00</p> <p>(Ebonwood Closed)</p> <p>1-18) Reading</p> <p>1) Bingo, Music</p> <p>4) Speaker: Nutrition</p> <p>5) Exercise</p> <p>18) Crafts w/ Margaret</p> <p>7ARC) Crafts</p>	<p>4</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>1) Bingo, Music</p> <p>5) Exercise</p> <p>6) Mission in Motion 9-11:30</p>	<p>5</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>1) Bingo, Music</p> <p>5) Exercise</p>	<p>6</p> <p>All Sites Open M-F 9:00-12:00</p> <p>(Ebonwood Closed)</p> <p>1-18) Reading</p> <p>1) Singing w/ Mark</p> <p>2) Bingo, Music</p> <p>4, 18) Bingo</p> <p>10) Games</p> <p>7) Games, Exercise</p> <p>15) Music</p>	
<p>9</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>1) Bingo, Music</p> <p>2, 5, 10, 18) Games</p> <p>5) Exercise</p> <p>8) Video</p> <p>10) Bingo</p> <p>14) Speaker: Nutrition</p>	<p>10</p> <p>All Sites Open M-F 9:00-12:00</p> <p>(Ebonwood Closed)</p> <p>1-18) Reading</p> <p>1) Bingo, Music</p> <p>4) Speaker: Five Wishes</p> <p>5) Exercise, Speaker: Nutrition</p> <p>6) Bingo</p> <p>7, 10, 18) Games</p> <p>18) Singing w/ Jim</p>	<p>11</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>1) Bingo, Movie</p> <p>3) Speaker: Nutrition</p> <p>3, 5, 10, 18) Bingo</p> <p>7) Exercise</p>	<p>12</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>1) Bingo, Music</p> <p>3) Crafts w/ Margaret</p> <p>5) Exercise</p> <p>15) Speaker: Abuse</p>	<p>13</p> <p>All Sites Open M-F 9:00-12:00</p> <p>(Ebonwood Closed)</p> <p>1-18) Reading</p> <p>1) Singing w/ Mark</p> <p>2) Bingo, Music</p> <p>4, 18) Bingo</p> <p>7) Games, Exercise</p> <p>10) Games</p> <p>15) Music</p>	
<p>16</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>2) Puzzles, Music</p> <p>4, 10) Games</p> <p>5, 18) Games</p> <p>6) Word Puzzles</p> <p>8) Video</p> <p>7) Exercise</p>	<p>17</p> <p>All Sites Open M-F 9:00-12:00</p> <p>(Ebonwood Closed)</p> <p>1-18) Reading</p> <p>2) Bingo, Music</p> <p>5) Speaker: Center for Independent Living</p> <p>5) Exercise</p> <p>6) Bingo</p> <p>7, 10, 18) Games</p> <p>14) Bingo w/Margaret</p> <p>18) Mission in Motion 9-11:30</p>	<p>18</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>2) Bingo, Music</p> <p>4) Crafts w/ Margaret</p> <p>5) Exercise</p> <p>6) Bingo</p> <p>7, 10, 18) Games</p>	<p>19</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>1) Bingo, Crafts</p> <p>2) Music, BP Check, Crafts w/ Margaret</p> <p>5) Exercise</p> <p>18) Speaker: Abuse</p>	<p>20</p> <p>All Sites Open M-F 9:00-12:00</p> <p>(Ebonwood Closed)</p> <p>1-18) Reading</p> <p>1) Singing w/ Mark</p> <p>2) Bingo, Music</p> <p>4, 18) Bingo</p> <p>6) BP Check</p> <p>7) Exercise</p>	
<p>23</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>2) Puzzles, Music</p> <p>4, 10) Bingo</p> <p>5, 18) Games</p> <p>7) Exercise</p> <p>6) Word Puzzles</p> <p>8) Video</p>	<p>24</p> <p>All Sites Open M-F 9:00-12:00</p> <p>(Ebonwood Closed)</p> <p>1-18) Reading</p> <p>2) Bingo, Music</p> <p>5) Exercise, Speaker: Five Wishes</p> <p>6) Bingo</p> <p>7, 10, 18) Games</p> <p>18) Speaker: Fall Prevention</p>	<p>25</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>2) Bingo, Music</p> <p>5) Exercise</p> <p>6) Bingo</p> <p>7) Speaker: Muscle Tone As We Age</p> <p>7, 10, 18) Games</p>	<p>26</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>2) Bingo, Music</p> <p>7) Speaker: Nutrition</p> <p>9) Speaker: Five Wishes</p> <p>10) Games</p>	<p>27</p> <p>All Sites Open M-F 9:00-12:00</p> <p>(Ebonwood Closed)</p> <p>1-18) Reading</p> <p>1) Singing w/ Mark</p> <p>2) Bingo, Music</p> <p>4, 18) Bingo</p> <p>7) Exercise</p>	
<p>30</p> <p>All Sites Open M-F 9:00-12:00</p> <p>1-18) Reading</p> <p>2) Puzzles, Music</p> <p>4, 10) Bingo</p> <p>5, 18) Games</p> <p>6) Word Puzzles</p> <p>7) Exercise</p> <p>8) Video</p>			 <p>Corporation for NATIONAL & COMMUNITY SERVICE</p>	 <p>Northwest Florida Area Agency on Aging, Inc. "Improving the quality of life for elders" since 1979</p>	 <p>DEPARTMENT OF ELDER AFFAIRS STATE OF FLORIDA</p>

ESCAMBIA COUNTY

Site 1

Gull Point Community Center
7000 Spanish Trail
(850) 494-7360

Site 2

Mary K. Young-Wedgewood
Community Center
6405 Wagner Rd.
(850) 471-6137

Site 3

Johnson Lakes Apartments
1400 E. Johnson W., 2nd FL
(850) 477-2536

Site 4

Fricker Community Center
900 N. "F" St.
(850) 436-5195

Site 5

Cobb Community Center
601 E. Mallory St.
(850) 436-5564

Site 6

Westwood Homes
4400 Westover Ave.
(850) 292-9868

Site 7

Bayview Senior Center
2000 E. Lloyd St.
(850) 436-5190

Site 8

Century Senior Center
6025 Industrial Blvd.
(850) 256-1012

Site 9

Ebonwood Community Center
(Open M, W, TH)
3511 W. Scott St.
(850) 595-3032

Site 10

Cantonment Senior Center
132 Mintz Ln.
Cantonment, FL 32533
(850) 968-6259

Site 14

Westminster Retirement Village
Bldg. 1, 1700 N. "L" St, 2nd FL
(850) 433-7642

Site 15

Westminster Retirement Village
Bldg. 5, 1951 W. Blount St., 5th FL
(850) 433-5036

Site 18

Beulah Senior Center
7425 Woodside Rd.
(850) 941-6057

CAREGIVER SUPPORT GROUPS

Pensacola

Alzheimer's Family Services

April 23rd 2:30 PM
875 Royce St.

Jessica at (850) 266-2503
to arrange onsite respite.

April 26th 6:00 PM

Council on Aging of West FL
875 Royce St.

April 26th 9:00 AM

Myrtle Grove Baptist Church
5920 Lillian Hwy.

Grandparents Raising Grandchildren

April 12th 6:00 PM

Council On Aging of West Florida

875 Royce St.
Pensacola, FL

Reservations Required
432-1475

Holly - Navarre

April 5th 8:30 AM

Intermediate School
1936 Navarre School Rd



COUNCIL ON AGING
OF WEST FLORIDA, INC.

EST. 1972